



# Sea Trials: A Lone Sailor's Race Toward Home

*Peter Bourke*

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**"In all, beautifully written and wonderfully inspiring."--*The Wall Street Journal* A poignant account that will inspire you to tackle challenging sailing endeavors as well as squarely face life's emotional challenges, finding the courage to live a fully engaged, authentic life**

Three years after his wife's death, Peter Bourke bought a boat--even though he had never learned to sail. In 2009, Peter entered the Oldest Singlehanded Trans-Atlantic Race at age 58. *Sea Trials* is the account of those 40 days of racing on his 44-foot sailboat *Rubicon*. Told with grace, insight, and humility, the book bares both the boredom and adventure of racing solo and provides insights to the value of going to sea.

The author is donating all author payments to the Semper Fi Fund, an organization that provides assistance to injured soldiers, sailors, and marines and to their families.

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