



Laid Bare: My story of love, fame and survival

Gail Porter

Download now

[Click here](#) if your download doesn't start automatically

Laid Bare: My story of love, fame and survival

Gail Porter

Laid Bare: My story of love, fame and survival Gail Porter

Gail Porter burst on to our TV screens in the late 90s presenting *The Movie Chart Show*, *Alive and Kicking* and *Top of the Pops*. Bright, sparky and beautiful she soon attracted an entirely different audience, posing for a number of men's magazines and rapidly becoming the pin-up of the lad-mag generation. *FHM*, in a now famous stunt, even projected her naked form on to the Houses of Parliament.

But beneath her cheery public façade, Gail was struggling with anorexia and bi-polar disorder. After nine years of extreme dieting, she collapsed and through sheer determination forced herself to begin eating properly again. Having been told she would never be able to conceive, her new healthier lifestyle led to a much desired pregnancy by her then husband, *Toploader* guitarist Dan Hipgrave. But the intense pressures of juggling motherhood with her career, led to crippling post-natal depression and precipitated the breakdown of her marriage. Overwhelmed by single motherhood, one day after dropping her daughter Honey off at nursery, she took an overdose and her world very publicly began to unravel.

But Gail's ability to stay afloat as her life crumbled in the public spotlight made her an icon all over again for a new audience of ordinary women who recognised her pain. She refused to hide-away as stress-induced alopecia caused her to lose her hair, famously appearing at a charity event sporting a startling pink Mohican. Her stunning features and her unwillingness to wear a wig to hide her bald head have made her a contemporary icon.

But despite all her troubles, Gail remains upbeat and positive. She has become a role model for coming through it all as a good mother and a working woman unbowed. As iconic as Jordan, smart as Billie and as wild as Kerry, Gail Porter has written her autobiography herself - a raw, honest account of her own troubled life and the world of celebrity we now live in.

 [Download Laid Bare: My story of love, fame and survival ...pdf](#)

 [Read Online Laid Bare: My story of love, fame and survival ...pdf](#)

Download and Read Free Online Laid Bare: My story of love, fame and survival Gail Porter

From reader reviews:

Roger Cowen:

What do you concentrate on book? It is just for students since they are still students or the idea for all people in the world, what best subject for that? Simply you can be answered for that concern above. Every person has several personality and hobby for every other. Don't to be forced someone or something that they don't wish do that. You must know how great along with important the book Laid Bare: My story of love, fame and survival. All type of book could you see on many options. You can look for the internet options or other social media.

Douglas Barney:

This Laid Bare: My story of love, fame and survival book is just not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is actually information inside this guide incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This Laid Bare: My story of love, fame and survival without we understand teach the one who studying it become critical in thinking and analyzing. Don't be worry Laid Bare: My story of love, fame and survival can bring any time you are and not make your tote space or bookshelves' become full because you can have it within your lovely laptop even cellphone. This Laid Bare: My story of love, fame and survival having excellent arrangement in word along with layout, so you will not really feel uninterested in reading.

Richard Holeman:

As people who live in the particular modest era should be up-date about what going on or facts even knowledge to make these keep up with the era that is certainly always change and move ahead. Some of you maybe can update themselves by examining books. It is a good choice for yourself but the problems coming to an individual is you don't know what one you should start with. This Laid Bare: My story of love, fame and survival is our recommendation so you keep up with the world. Why, since this book serves what you want and want in this era.

William Glover:

This book untitled Laid Bare: My story of love, fame and survival to be one of several books in which best seller in this year, that is because when you read this publication you can get a lot of benefit in it. You will easily to buy this particular book in the book retail outlet or you can order it through online. The publisher of this book sells the e-book too. It makes you quicker to read this book, because you can read this book in your Mobile phone. So there is no reason for your requirements to past this publication from your list.

Download and Read Online Laid Bare: My story of love, fame and survival Gail Porter #1LV7YU0KXWM

Read Laid Bare: My story of love, fame and survival by Gail Porter for online ebook

Laid Bare: My story of love, fame and survival by Gail Porter Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Laid Bare: My story of love, fame and survival by Gail Porter books to read online.

Online Laid Bare: My story of love, fame and survival by Gail Porter ebook PDF download

Laid Bare: My story of love, fame and survival by Gail Porter Doc

Laid Bare: My story of love, fame and survival by Gail Porter Mobipocket

Laid Bare: My story of love, fame and survival by Gail Porter EPub