



An Actor's Tricks (Performance Books)

Lorna Marshall, Yoshi Oida

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A founding member of Peter Brook's international theatre company, Yoshi Oida infuses his acting and directing with the artistry of the Oriental traditions and a mastery of Western forms. In this **disarmingly accessible study of the art of acting** he shares his unique experience and range of expertise. *An Actor's Tricks* offers **a meticulous scrutiny of the actor's preparation for performance and comes with a foreword by Peter Brook.**

Drawing on an unrivalled wealth and range of expertise in the fields of acting, directing and training, Yoshi Oida and Lorna Marshall provide **an authoritative and fascinating study of the art of the actor.**

In scrutinising the process of performance from the twin perspectives of the actor and director, *An Actor's Tricks* is filled with **hints, insights and stories** from productions with Peter Brook and from around the world.

Beginning with the daily preparation to train the body, it moves to the process of rehearsal for a performance right up to the moment when the actor steps onstage. **An appendix of practical exercises is included for the actor to follow.**

The books combines principles and techniques from both Western and Eastern disciplines of acting to provide **a masterful study essential for every actor and director.**

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