



The Biology of Ageing: A Practical Handbook: a practical handbook

Gurcharan Rai

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One of the problems geriatricians are confronted with in everyday clinical practice is differentiating disease from the process of old age. The challenges of ageing require a better understanding of the essential biology of ageing in order to separate ageing from disease, and indeed ageing made worse by disease.

Although the topic is large and diverse, this practical and easy-to-read reference book contains vital information on the biology of ageing. It provides a concise understanding of the changes that occur and focuses on the clinical implications of ageing. MCQs are featured throughout for revision and examination practice.

The Biology of Ageing provides the reader with:

- a learning guide on the biology of ageing through an overview of the changes that occur at both cellular and system levels
- knowledge of how biological changes of ageing impact on physiology and the clinical relevance in medical practice
- a practical consideration of these changes in disease presentations and how these changes may impact on disease management.

This full-colour guide featuring slides, MRIs, figures and photographs is ideal for doctors training in geriatric medicine, practising geriatricians and those with an interest in management of older people.

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