



The Kidney and Hypertension

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Hypertension is common in patients with kidney disease for a number of reasons, including retention, inappropriate action by the renin-angiotensin system, and overactivity of the sympathetic nervous system. Of all causes of hypertension, renal artery stenosis (narrowing) has attracted considerable attention, because it was once thought to be a rare cause of hypertension, but is now known to be the most common cause of secondary hypertension.

In *The Kidney and Hypertension*, George Bakris and a host of international contributors examine all aspects of hypertension in the renal patient. A reference book covering specific and common topics in the area of kidney disease and hypertension, it is an essential guide to the effective management of the renovascular patient. It covers everything from how to properly measure blood pressure to the assessment and treatment of elevated blood pressure in high-risk groups such as dialysis patients and pregnant women. *Kidney and Hypertension* also thoroughly discusses reducing cardiovascular risk in people with kidney disease due to its role as a leading cause of death among kidney patients. Additionally, there is a chapter on diabetes and its role as a common cause of kidney failure.

As an introduction to basic concepts in the treatment of hypertension, Dr. Bakris's book will serve as an excellent reference to nephrologists, cardiologists, and cardiovascular surgeons in their efforts to reduce the risks of advanced kidney disease and cardiovascular disease.

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