

Low-Carb Italian Cooking: with The Love Chef

Francis Anthony



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The time has come for a gournet complement to the extraordinarily popular low carb, high protein diet popularized by Dr. Atkins. This book includes delicious recipes for such traditional dishes such as Chicken Marsala, Veal Parmesan, and Beef Bracciole, as well as some of the Love Chef's more original recipes, all guaranteed to be delicious!

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