



Psychodrama and Systemic Therapy (The Systemic Thinking and Practice Series)

Chris Farmer

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It is now increasingly recognized that psychodrama provides a valid and useful tool in many different contexts; equally, practitioners in a wide variety of fields are acknowledging the benefits that a systems thinking approach can bring to their work. This book unites the two by describing the author's work over a number of years. Dr. Farmer provides a lucid exposition of his own systemic approach to psychodrama, both theoretically and in practical clinical terms. The final section, which discusses systemic approaches to psychiatric care in general, puts the book in a wider context, and will make it of interest to a wide range of mental health professionals.

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