



Your True Nature: The Wisdom of Living Masters

Natalie Deane, Damien Lafont

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When French scientist Damien Lafont and Australian publisher Natalie Deane met by "chance", a serendipitous story began. Their deep curiosity for life, spirit and consciousness soon bloomed a two-year epic adventure of meeting and interviewing spiritual masters and teachers from all over the globe. Armed with life's big questions Damien and Natalie's worldwide journey spanned USA, India, Europe and Australia; meeting masters and gaining an accelerated course in spirituality and deep wisdom. From indigenous elders, to quantum physicists, gurus and philosophers – each master shared their wisdom and enlightened the pages with love, lessons and the keys to living a truly awakened life. Your True Nature is a timeless book dedicated to unveiling ignorance and beaconing a new way forward for humanity. The Masters all share One important message – the vital need to awaken to the wisdom of “who-we-really-are” and live the Oneness of our true heritage. There is only Now.

Foreword - “What is Wisdom” by Lama Surya Das

The Masters - Mark Nepo, Mooji, Llewellyn Vaughan Lee, Bob Randall, Jetsunma Tenzin Palmo, Gangaji, Brother David Steindl-Rast, Kenneth Little Hawk, Grandmaster Wong Kiew Kit, Dr Amit Goswami, Chuck Hillig, Chungliang Al Huang, Dennis Genpo Merzel, Shantimayi, Lama Surya Das, James Redfield & Barbara Marx Hubbard

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