



## **Clinical Problem Solving: Case Management**

Norma S. Guerra

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Clinical Problem Solving: Case Management integrates innovative problem solving techniques with a case management approach to therapy. Guerra introduces the LIBRE Model (Listen-Identify-Brainstorm-Realitytest-Encourage) and LIBRE Model Stick Figure Tool as integral social cognitive behavioral methods that establish a client-clinician partnership in which the client can learn to identify and develop goals toward selfregulated, sustainable mental health. Guerra provides practitioners with a clear and engaging framework for successfully implementing the LIBRE Model, outlining how clinicians can prepare for their role, calibrate their personal engagement with each client, collect client data, and ultimately demonstrate client growth and development.



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