



On Bearing Unbearable States of Mind (The New Library of Psychoanalysis)

Ruth Riesenberg-Malcolm

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This is a problem almost all practising psychoanalysts will face at some time in their career, yet there is very little in the existing literature which offers guidance in this important area.

On Bearing Unbearable States of Mind provides clear guidance on how the analyst can encourage the patient to communicate the quality of their often intolerably painful states of mind, and how he/she can interpret these states, using them as a basis for insight and psychic change in the patient. Employing extensive and detailed clinical examples, and addressing important areas of Kleinian theory, the author examines the problems that underlie severe pathology, and shows how meaningful analytic work can take place, even with very disturbed patients.

On Bearing Unbearable States of Mind will be a useful and practical guide for psychoanalysts and psychotherapists, and all those working in psychological settings with severely disturbed patients.

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