



Succeed under Pressure: Converting football lessons into business success

Mr Gary Bailey, Professor Sondhi Rakesh

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Top-level football is one of the most stressful and competitive areas of the business world. Thirty-three per cent of managers in the English professional football leagues are sacked or resign every year – which makes it the ideal place to learn how to succeed under pressure. And although most business people are under huge pressure these days, not much time, or money, is spent helping them to deal with, or even thrive on, pressure – which is what Gary had to do as a goalkeeper, the toughest position on the pitch, for the biggest club in the world ... and what Sir Alex has been doing for the last 26 hugely successful years at Old Trafford.

Succeed under Pressure is based on Gary Bailey's highly popular motivational talks, which are, in part, inspired by Sir Alex Ferguson's leadership abilities as manager of Manchester United, and the 25 years of research and global experience of Rakesh Sondhi. It covers every aspect of leadership, whether you are the CEO of a big conglomerate or a one-man band operating from your home, and applies to big corporates and corner cafés alike, whether you are a complete soccer fanatic or don't know your football from your rugby. For these reasons, Succeed under Pressure is a must-read for anyone in business, at any level, in any industry.

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