



Journaling The Journey: 25 Spiritual Insights to Light The Way

Larry Pearlman

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Joan Borysenko, Ph.D, New York Times bestselling author of *Minding the Body, Mending the Mind*: "Do you like a book that grabs your attention and doesn't let go? Or would you prefer a book that offers spiritual direction and insight into your true nature? *Journaling the Journey: 25 Spiritual Insights to Light The Way* does both!"

Think Route 66 meets Yoda. Take 25 Spiritual Insights discovered by the author on his journey through life. Apply them to a cross-country adventure in a red Corvette convertible he took as a young man. Now, see how those insights relate to your own life through journaling and guided introspection. What sets this book apart is Larry Pearlman's easy style and sense of humor mixed with deep wisdom.

Journaling The Journey could be read just for the entertainment value and it would be worth the money, but here is an opportunity to literally change the direction of your life and discover the answer to the question of the Ages: Who Am I Really?

"After investing years in self discovery & introspection myself, I am convinced beyond a shadow of a doubt, the lessons expressed in this timeless treasure could, and will, change a person's life in a profound & meaningful way, providing they are ready..."

Mel Brodsky -- Author of *Questions are the Answers* and contributor to *The Power of Mentorship*

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