



# **The Deeper Journey: The Spirituality of Discovering Your True Self (Tyndale Commentaries Complete Set)**

*M. Robert Mulholland Jr.*

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As you journey deeper in the Christian pilgrimage, you come to realize that the Christian life is more than merely replicating particular spiritual disciplines or practices. You begin to understand that at the core of Christian faith is the transformation of your very identity.

M. Robert Mulholland Jr. exposes the false selves that you may be tempted to hide behind and helps you to instead discover the true self that comes from being hidden with Christ in God. If the goal of the Christian journey is Christlikeness, then you must reckon with the unhealthy ways that you root your sense of being in things other than God. Along the way, you will discover a growing sense of intimacy and abandonment to God. Not only will you encounter the joy of discovering your own self, you will also find a greater love for others and compassion for the world.

The expanded edition includes a study guide for individual reflection or group discussion.

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