



The Beauty Diet: Looking Great has Never Been So Delicious: Looking Great has Never Been So Delicious

Lisa Drayer

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- A new diet-based approach to beauty from the author of *Strong, Slim and 30!*
- Media-savvy author: Drayer makes frequent appearances on “Today,” “The Early Show on CBS,” “Good Morning America,” Fox News, and CNN Headline News
- Drayer is a spokesperson for Crest, Noxema, L’Oreal and the Dairy Council as an established expert in beauty nutrition
- Includes her top 10 “beauty foods” and complete four-week meal plan

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