



Toast: The Story of a Boy's Hunger

Nigel Slater

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Toast is Nigel Slater's truly extraordinary story of a childhood remembered through food. In each chapter, as he takes readers on a tour of the contents of his family's pantry—rice pudding, tinned ham, cream soda, mince pies, lemon drops, bourbon biscuits—we are transported....

His mother was a chops-and-peas sort of cook, exasperated by the highs and lows of a temperamental stove, a finicky little son, and the asthma that was to prove fatal. His father was a honey-and-crumpets man with an unpredictable temper. When Nigel's widowed father takes on a housekeeper with social aspirations and a talent in the kitchen, the following years become a heartbreaking cooking contest for his father's affections. But as he slowly loses the battle, Nigel finds a new outlet for his culinary talents, and we witness the birth of what was to become a lifelong passion for food. Nigel's likes and dislikes, aversions and sweet-toothed weaknesses, form a fascinating backdrop to this exceptionally moving memoir of childhood, adolescence, and sexual awakening.

A bestseller (more than 300,000 copies sold) and award-winner in the UK, **Toast** is sure to delight both foodies and memoir readers on this side of the pond—especially those who made such enormous successes of Ruth Reichl's **Tender at the Bone** and Anthony Bourdain's **Kitchen Confidential**.

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