



I Don't Belong to You: Quiet the Noise and Find Your Voice

Keke Palmer

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A sometimes serious, often hilarious, and always inspiring guide that encourages young women to live a life full of ownership, confidence, and freedom from singer and popular *Scream Queens* and *Grease Live!* actress Keke Palmer, delightfully illustrated in four color with Keke's favorite inspirational quotes, journal entries, and memes.

As a successful singer, actress, and talk show host, Keke has always used her huge social media following as a platform for real talk about the issues that matter to her generation, but now she is speaking out candidly and for the first time about the secrets, struggles, and practices that have guided her to succeed. On the surface, it may appear that Keke has it made, but under the success, she has grappled with the same issues all young women wrestle with—identity, pressure, self-worth, love, sexuality, heartbreak, and family.

With this in mind, she created *I Don't Belong To You*—an inspirational guide that encourages young women to change their mindset and live with more freedom, confidence, and love as they navigate the rough terrain of the twenty-first century. Full of revealing stories from Keke's personal and professional life, this book tackles twelve topics—sexuality, race, anxiety, success, bullying, and body image to name a few—with refreshing honesty.

Within each chapter is a personal interview with one of the many people that have inspired and motivated her, including Serena Williams, Drake, Nicki Minaj, and Lee Daniels; quotes, texts, song lyrics, and funny memes that have inspired her; and practices that can help you stay on a path of always growing, never grown. With a voice of empathy, tough love, and determination, Keke speaks about the challenges and triumphs she has experienced on her journey to finding her own voice and creating a beautiful life. *I Don't Belong To You* is the motivation you need to move past pain and fear to lead a life full of creativity, spirituality, passion, and unlimited success.

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People live in this new moment of lifestyle always make an effort to and must have the free time or they will get wide range of stress from both daily life and work. So , whenever we ask do people have spare time, we will say absolutely indeed. People is human not only a robot. Then we consult again, what kind of activity have you got when the spare time coming to an individual of course your answer will certainly unlimited right. Then do you try this one, reading ebooks. It can be your alternative in spending your spare time, the actual book you have read is definitely I Don't Belong to You: Quiet the Noise and Find Your Voice.

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