



Ruby Shoes: Surviving Prescription Drug Addiction

Michele Zumwalt

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I almost died from an addiction to prescription drugs. This is the story of what happened to me and how God saved me from certain death. Millions of people worldwide are addicted to prescription medications. The US Department of Health and Human Services recently called prescription drug addiction an epidemic in America. I wrote this book to bring hope to people who find themselves in this hopeless situation. The “Wizard of Oz” is used as a metaphor to help readers relate to being lost in the strange world of addiction. That feeling of being trapped in another world with no way to get back home is the very essence of addiction. “Ruby Shoes” is a true story about a devastating prescription addiction tornado, being lost in a foreign world, chasing brooms for fake saviors like, Oz, and finally remembering the precious gift that takes us HOME. This book offers a personal account of the horrors of prescription drug addiction and a biblical, 12-Step, life application solution to the problem. “Ruby Shoes” takes the reader on a discovery journey that leads them to a much better place than where they began. My prayer is that those tormented by prescription drug addiction would know that they do not have to suffer alone any longer. They don't have to die and become another sad statistic of prescription drug addiction. After reading "Ruby Shoes" they will know, if I can get better, anyone can.

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