



Best Start: Your Baby's First Year

Deborah D. Stewart, Linda Ungerleider

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With shorter hospital stays leaving new mothers little time to learn, young mothers need sound and supportive material on infant care, and this companion book to *Baby & Me* is designed to guide new mothers through the especially difficult experience of dealing with a new baby in its first year. Written with care and concern, the accessible content provides women with an easy-to-use resource for these crucial first months of development.

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